

GARDENWORKS™

GARDENNOTES™

Issue #82 • Spring 2009 • An Information Newsletter For Valued Customers

Activities

FOR ALL AGES

Free gardening clinics
Hands-on workshops
Special events

GARDEN MOOD

CREATE A MOOD & IMPRESSION
WITH GARDEN COLOUR

WHET YOUR APPETITE!

TASTY NEW PLANT INTRODUCTIONS

GARDEN AGE

HOW OLD ARE YOU IN GARDEN YEARS?

Transform your yard
into a garden paradise

we make it easy™

DEAR GARDENERS

JOHN TALKS ABOUT TRENDS
IN THE GARDEN

GARDEN AGENDA

What to do in the garden right now



We have everything to make your garden work.
We take pride in the quality plants and products we sell.
GARDENWORKS guarantees success in your garden.

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Dear Gardeners

A LETTER FROM JOHN



At this time of year, everyone who loves to garden has already spent lots of time preparing and doing some planting for a beautiful flower garden or a bountiful vegetable garden. The cooler springs we've experienced the last few years have made many of us careful when planting more tender plants, but by now it's warm enough that even impatiens and tomatoes can be planted. Our goal is to make your gardening experience easy as well as successful and we're always prepared to provide knowledgeable advice and helpful tips – in person, over the telephone, or electronically!

We're seeing several trends in gardening this year. Whether it's the desire for fresh produce, the "100-mile diet," or the economy, there is a definite surge of interest in growing backyard fruits and vegetables. Last year one of our growers provided us with a wonderful selection of "heirloom" varieties of tomatoes. They were a big hit, and this year we have expanded the number of tomato varieties we offer and provided a larger selection of many other vegetable starter plants.

Container gardening has also been increasing in popularity and many gardeners are looking for ways to use containers in their garden, not just on patios and balconies. A well-placed container with a specimen plant provides a wonderful accent and if the plant is a little less hardy, you can always move the container to a more protected location in the event of a winter like the one we just experienced. We've expanded our selection of ceramic, fiberglass, and resin planters this year with many new colours and contemporary styles.

The trend to outdoor living continues to grow, and we keep hearing gardeners say they will travel less this summer and spend more time vacationing in their gardens. We've made two additions to our furniture selection this year – a line of cast aluminum that is suited to our damp climate and wood furniture that's manufactured from plantation-grown eucalyptus. This wood is a warm colour that weathers well and does not turn as grey as teak or balau wood.

Our plant selection continues to increase as our local growers expand the palette of annuals and perennials they produce. As we move through late spring and summer, we work with the growers to have plants delivered to our stores on a daily or weekly basis – ensuring you have the best range of fresh, top-quality plants for your garden. We look forward to showing you what we have to offer and working with you to make sure you have the right plant for the right place. We hope to see you soon! Good luck in your gardens!

John Zaplatynsky, President,
GARDENWORKS



GARDENWORKS Free Garden Clinics

STOREWIDE CLINICS

Held at all eight locations, on the following Sundays starting at 1 p.m.

May 17

Successfully Growing Tomatoes & Basil

May 24

Patio Water Gardens

May 31

Create a Patio Paradise

June 14

Planting an Herb & Kitchen Garden

MANDEVILLE CLINICS

on the following Saturdays
starting at 1 p.m.

May 16 Climbers & Vines

May 23 Creative Composting

Special Events

PONDLESS WATERFALL WORKSHOP

Take part in a work party, supervised by Aquascape Design Experts, to learn hands-on how to install a pondless waterfall. Pre-registration is required. For more information please call the store location or visit our website at www.gardenworks.ca

Saturday, June 13, at 9 a.m. (aprox. 3 1/2 hours) at our Lougheed location

Saturday, July 11, at 9 a.m. (aprox. 3 1/2 hours) at our Mandeville location

2ND ANNUAL "GALLERY TO GARDEN" ART SHOW

Held at the Saanich Location.

An exciting and distinctive collection of garden art, including sculpture, fountains, furniture and more, from some of our best-known local artists.

Thursday, August 20 – Sunday, August 23

Don't miss our largest

ONE DAY SALE

GARDENWORKS 8th Annual
Sunrise to Sunset Sale

Saturday June 20, 2009

Open from sunrise to sunset
at all locations.

Adult Hands-On Workshops

AT OUR LOUGHEED LOCATION

Pre-registration required. For more information or to register, please call (604) 299-0621 or e-mail croberts@gardenworks.ca.

There is a \$10 non-refundable registration fee. You'll receive a 10% discount on purchases made on your class day. Class prices are approximate, as you only pay for the supplies you use.

Free registration for Ardent Gardeners.

Hanging Moss Baskets Make a hanging basket for sun/shade or combination of both. Bring your own basket or purchase one here. Learn which plants attract butterflies, bees and hummingbirds too! (\$45 and up) Thursday, May 14, at 6:30 pm.

Herbals Plant up a pot of herbs to delight your senses and stimulate your creativity later! Bring your own pot or purchase one here. (\$20 and up) Saturday, May 16, at 2 p.m.

Chocolate Gardens How decadent! Plant a "sweet spot" in your garden. Bring your own container or purchase one here. We'll use anything that smells like chocolate, looks like chocolate, or has a chocolate-sounding name. (\$50 and up) Thursday, May 21, at 6:30 p.m.

Night Candy Plant up a pot of heavenly scents that are at their peak when you are probably ready to relax and enjoy them! Nicotiana, stocks, and moonflower are just a few that release their scent in the evening. Bring your own pot or purchase one here. (\$30 and up) Thursday, May 28, at 6:30 p.m.

Hanging Baskets and Containers Bring your own basket or container and create what you want for your home with flowers, veggies, vines, shrubs etc. It's an opportunity to plant what you want and leave the mess behind! (cost varies) Thursday, June 4, at 6:30 p.m.

Wall Baskets Fill a half-basket for your door/ fence/gate with colour for a cheery welcome home! (\$40) Thursday, June 11, at 6:30 p.m.

Cedar-Lined Basket Weave cedar branches around a wire basket and fill it with sedums and succulents for a very different look. The cedar ages to the colour of a copper penny and lasts for ages. (\$40 and up) Saturday, June 27, at 1 p.m.

AT OUR SAANICH LOCATION

Pre-registration is required. For more information or to register call 250-721-2140. Please note - this class fills up quickly.

Hanging Moss Basket Workshop for Sun or Shade Everyone's favorite! Suzanne Wilson helps you create a beautiful moss basket that will provide enjoyment throughout the summer. Cost of materials approx. \$50. Saturday, May 16, at 1 p.m.

Customer Appreciation Days

15% discount*

on everything in the store!

Held on the third Thursday of each month at all **GARDENWORKS** locations.

*Sale excludes Landscape Design Services, Cafe food & beverages. Upcoming dates include

Thursday, May 21, Thursday, June 18 & Thursday, July 16

Little GardenWorker's Gang

CLINICS FOR CHILDREN AT OUR LOUGHEED LOCATION

Pre-registration is required. Register early as space is limited and classes fill up quickly. Call (604) 299-0621 or e-mail croberts@gardenworks.ca. Registration deadline is one week prior to class date. Parent participation is required. Check our website or visit our store for more details.

Mini Munchies Plant some little things to eat! Mini carrots, pattypan squash, Tom Thumb lettuce, Gobstopper Tom tomatoes – seeds and transplants in a pot. \$10 Monday, May 18 at 11:00 a.m.

Salad Bowl Contribute to the dinner table! Plant a salad to harvest this summer; we will make our own salad forks too! \$15 Friday, May 22, at 6:30 p.m.

Barnyard Garden Plants with names found in a farmyard? We'll use bee balm, pig squeek, straw berry, ox eye daisy, etc. \$15 Friday, May 29, at 6:30 p.m.

Flower Hunt Learn about colour, texture, scent, size and shape! Find the flower blossoms to match the pictures we give you. Plus, take home your own blooming little plant! \$5 Friday, June 12, at 6:30 p.m.

Father's Day Stump Planting Sounds odd, looks cool! Plant sedums, like hens and chicks, on a stump or piece of driftwood (whichever we have available), for a very natural, easy-care piece of nature for Dad. \$10 Friday, June 19, at 6:30 p.m.

New "Garden Buds"

CLINICS FOR CHILDREN AT THE SAANICH LOCATION

Bring the kids in the 3rd Sunday of every month, at 11 a.m., for fun and educational activities that culminate in a project to take home. Call our store at 250-721-2140 or check our website for details. Pre-registration is required. Appropriate for ages 4 and up.



Garden Mood

By Rob Zeiber, GARDENWORKS
Capilano Manager

'Superbena® Blue Purple'
(*Verbena* hybrid)

'Baby Blue' Forget-Me-Not
(*Myosotis sylvatica* hybrid)

All photos courtesy of
Proven Winners
www.provenwinners.com



'Superbells® Red'
(*Calibrachoa* hybrid)
'Freckles' Coleus
(*Solenostemon scutellarioides*)



'Sunsatia® Lemon'
(*Nemesia* hybrid)
Hosta 'Stripease'

Have you ever walked by a planter or hanging basket and something about it just grabbed your attention? I'm not referring to any one of the plants specifically, but rather the overall impression and the mood it created. It could be that you were reacting to the combination of colours that were used.

Colour theorists have studied how certain colour combinations create different moods and reactions in the viewer. By using these tools, you can create a feeling of liveliness and movement or, conversely, one of serenity and peace in your garden and containers.

A basic colour wheel, like the one shown above, shows the three primary colours – red, blue and yellow – with the secondary colours created by mixing the primaries – purple, green and orange. Choose your own garden palette by simply referring to the colour wheel above – this will help create the impression and mood you want your garden to evoke.

Colours on opposite sides of the wheel, such as blue and orange, are contrasting, or complementary, colours. This combination creates a sense of movement and drama – great for the person who enjoys spending time with a large group of friends having lively conversation. One of my favourite plant combinations for a sunny area is the shocking yellow/orange foliage of a croton with the dark rich purple of heliotrope. Adding a subtle neutral colour, such as the white of a bacopa or the textured green foliage of wire vine will tie it all together. For a shady spot, try the

warmth of an orange nonstop begonia together with the finely textured flowers of the blue 'Royal Jewels' lobelia. Add some ferns and a bold green- or yellow-leaved **hosta** (photo above) for a bit of contrasting foliage.

If you prefer your outdoor living area to be a sanctuary, an area to unwind and meditate, use analogous colours – those that are next to each other on the colour wheel, such as yellow and orange. Analogous colours create a sense of peace, harmony and unity, as does using different hues of the same colour.

A striking combination for a sunny deck is arching purple fountain grass (*Pennisetum* 'Rubrum'), the silvery purple Persian shield (*Strobilanthes dyerianus*) and the lacy foliage of a **purple verbena** (photo above). A tumbling purple potato vine completes the look.

For a shady spot, try the bold orange/yellow foliage of '**Freckles**' coleus (photo above) paired with the tumbling textured Japanese forest grass (*Hakonechloa macra*). The bold leaf of a green hosta or bergenia will complement this look with both texture and colour.

Use these principles when creating your planters and baskets this spring. Decide how you want to use your outdoor space – as a lively conversation area or an idyllic sanctuary – and choose your colours accordingly.



FEELING THE ECONOMIC PINCH?

Pinch back!

Grow your own recession-proof incredible edibles

By Susan Ware, C.H.T., Manager Bedding, Perennial & Tropical Plants, **GARDENWORKS** Burnaby

As I put pen to paper on a snowy March morning, I needed some inspiration to begin writing about the incredible edibles of summer. So I imagined myself at work on a sunny summer afternoon – the basil-scented air, the taste explosion of a juicy cherry tomato that “accidentally” fell off the plant and landed in my mouth! I could feel the excitement of our guests at the bounty before them...the stage is set...and here I am ready to inspire you to create your own experience and memories this year with these warm weather wonders.

In these uncertain economic times, there is one certainty – growing your own vegetables and herbs will save you money on your food bill and improve the quality and freshness of the food you serve your friends and family. Growing your own seasonal food also helps reduce the “farm to fork mileage” that has become so unsustainable for our environment. Remember, you do not have to give up beauty for function, or have acreage to grow your own food. Many vegetables and herbs do double duty in your garden, and can easily be incorporated into ornamental flowerbeds, window boxes or planters.

Here are some must-haves for your culinary corner. Heirloom tomatoes are the hottest new “retro” trend. They have flavours, shapes and colours distinctly foreign to those tasteless varieties in the grocery store. With thousands to choose from, here are some favourites chosen by our suppliers and staff: **Red Brandywine**, **Yellow Brandywine** (cited by many tomato connoisseurs as the best-tasting heirloom), **Gold Nugget Cherry** (deep yellow colour, sweet flavour), **Green Zebra** (green and yellow striped salad tomato), **Moskovich** (cold tolerant, deep red, juicy), **Tomato Silvery Fir** (very fine foliage and extremely heavy producer), **Tomato Wonderlight** (lemon tomato), **Tomato Grape Gabrielle** (cherry tomato with blocky, almost rectangular fruit), **Black Krim** (slight salty taste – great for those of us on salt-restricted diets).

Two new herb introductions available at **GARDENWORKS** are ‘**Gold Dust**’ rosemary (compact culinary rosemary with excellent flavour and variegated golden foliage); and ‘**Delfino**’ cilantro (same great cilantro taste with compact, fern-leaf foliage). If you love those expensive fancy restaurant salad greens, you will love both the cost-savings and tastes of **Bistro Salad Blend**, along with **Red Pear cherry tomato**, **Golden California Wonder bell pepper** and ‘**Kent Beauty**’ oregano (this stunning ornamental oregano is edible but with a milder taste, and almost too pretty to munch). Those with no desire to grow from seed can purchase **scarlet runner beans** available this year as seedlings on a trellis. Two other great edible choices are **Hungarian Black pepper** (glossy black jalapeno-sized peppers that are mild when young, hot when mature) or ‘**Galeux d’Eysines**’ (a French heirloom pumpkin traditionally used in soups).

I hope I have tantalized your taste buds and inspired you to create your own backyard culinary corner with this little list! Growing your own will not only take the pinch off your pocket book, but will also bring you and your family many months of gastronomic pleasure as you reap these incredible edibles.

Bon Appétit!

Making it Easy!

When we say...

“we make it easy™”

we mean we strive to make every project in your garden a success: whether it is a new vegetable plot, a new water feature, or the landscaping around your home, patio or outdoor living area. If you are considering a new gardening project this spring and it seems a little overwhelming, come and see us. We will take the stress out of the decision making so that you will end up with a thriving, beautiful garden. With our help, a little bit of imagination, and the right tools, you can transform your backyard into a garden paradise.

We make it easy, with “Everything to Make your Garden Work,” including...

- A wide selection of healthy plants, well cared for and ready for a place in your home or garden.
- Access to new and interesting plant introductions.
- The latest gardening gear and an expanded selection of organic fertilizers & natural plant remedies.
- Top quality plant foods, soil amendments and natural garden care products.
- Pottery, outdoor furniture and garden accessories to make your gardening experience complete.
- Sound gardening advice from our friendly, knowledgeable staff including many Canadian Nursery and Landscape Association Certified Horticultural Technicians.
- Caresheets and gardening tips available at www.gardenworks.ca
- “Contain Your Passion!” Container Gardening Concept.
- Our Green Thumb Guarantee.

Waiter...

There's a Plant in My Soup!

By Scott Pearce, GARDENWORKS Green Goods Merchandise Manager



1



2



3



4



5a



5b



Just over halfway through spring, our appetites whetted by some tasty new plant introductions and with warmer May temperatures ready to really get things growing, it's exciting to know that several more mouth-watering selections will be added to the 2009 new plant menu!

The Menu

***Echinacea* 'Tomato Soup' (Tomato Soup coneflower)**

Rich and flavourful! This Terra Nova Nurseries introduction produces stunning, warm, tomato-red flowers. Plants show excellent garden vigour, growing to 3 ft. (90 cm) tall and developing into a clump of about the same width over several years. As with most echinaceas, 'Tomato Soup' blooms from July until frost. **PHOTO 1**

***Echinacea* 'Mac 'n' Cheese' (Mac 'n' Cheese coneflower)**

Golden flower petals evoke images of one of the ultimate comfort foods! Vigorous, well-branched stems produce masses of blossoms on an upright plant (to 25 in./65 cm tall). All we need now is some ketchup! **PHOTO 2**

***Coreopsis* BIG BANG™ 'Red Shift' (Red Shift coreopsis)**

A new series of coreopsis hybridized by Massachusetts plant breeder Darrell Probst, BIG BANG™ varieties produce much larger flowers than other coreopsis, and are cold hardy to -28°C (-18°F). In summer's heat, the flowers of 'Red Shift' are butter yellow with a deep crimson eye, but with cooler temperatures they shift in stages to a dramatic ruby red. **PHOTO 3**

***Heuchera* 'Tiramisu'**

Now for a little dessert! 'Tiramisu' is an outstanding foliage perennial – one of the many *Heuchera villosa* hybrids developed by Thierry Delabroye of France. The leaves are a lovely golden yellow infused with bronzy-red tones. Sprays of tiny, creamy pink flowers are produced in June. Plants are heat tolerant and are a good choice for containers or a dry shade location. **PHOTO 4**

***Calendula* Touch of Red Series**

Calendulas are often thought of as an old-fashioned annual, and although this series of calendulas has been available from the Thompson & Morgan seed rack in the past, this is the first year we'll have plants available, in early May. The beautiful antique shades of orange, yellow and soft pink, all kissed with a touch of red ("Buff") are entirely charming. Growing to about 60cm (2 ft.) tall, all 3 varieties make fabulous cut flowers and are sure to be a hit in a vase on your kitchen table! **PHOTO 5a & 5b**

Garden Agenda

By Alan R. Reid, Ph.D., **GARDENWORKS** Botanist and Horticulturist

It's hard to think that a few weeks ago we were experiencing some of the weirdest spring weather ever. Several weeks of temperatures that seemed more appropriate to colder regions of Canada took a toll on our gardens, and that reminder of how cold winter can be in the Pacific Northwest may have taken many of us by surprise. For the past several years, winter pansies survived the season outdoors, but this year many plants we take for granted suffered and some expired. But that's always the best reason to replace plants with new, better-adapted varieties. (One reason gardeners have good mental health is our adaptability!)

Bedding Plants Deadhead annuals once a week through the season (pick off any spent or dead flowers). This prevents the plant from going to seed and encourages new flowers to keep forming. Deadheading keeps plants looking fresh and blooming their best. Over the next few months, the annuals in your planters and hanging baskets—petunias, for example—may become a bit stretched. Don't get discouraged; just pinch them back by about one-third and in a couple of weeks they will be bushy and flowering once again. Once this is done, it doesn't hurt to fertilize them (and all your containers, for that matter) with **GARDENWORKS 15-30-15** once a week.

Perennials Make sure your tall-growing perennials are staked well in spring, before they put on their growth spurt. June and July tend to be the months that perennials are at their peak, but periodically check for insects and diseases. If you are unsure what may be causing a problem on your perennials, bring in a sample and one of our experts will help diagnose it and recommend an organic solution.

Perennials can always benefit from a side dressing of **GARDENWORKS 6-8-6 All-Purpose Fertilizer** to help keep them healthy throughout the summer. Consider mulching around the plants if the soil tends to get hard and crusty. A layer of compost/mulch around the base of plants adds nutrients to the soil and provides a bit of shade for the roots.

Drop by **GARDENWORKS** through the summer as the selection of perennials is excellent, and there is plenty of annual colour in 4-inch and 1-gallon pots just waiting to fill those bare spots in your garden.

Pests & Bugs It is the never-ending story – if the cold weather doesn't get to our plants, something wants to eat it or make its home in it! Maintenance in the garden is an on-going process, but some means of control are less daunting than others. We are pleased to say that we are concentrating on offering alternative natural garden remedies. No traditional chemicals will be available at our garden centres.

Not all insects are bad and need to be sprayed with a chemical. Aphids can easily be washed from plants with a strong jet of water. Some may stay, but that will attract ladybugs, their natural enemy, to the garden. If you don't see any ladybugs in the garden, we can order some for you, so you can release them when necessary.

Keep weeding! Even if we sprayed with a herbicide, we would still have to dispose of the dead weeds. So save that step and just pull them out with a hand weeder (we have great tools available at **GARDENWORKS**). Weeding this way sometimes seems like a never-ending task, but not only does it remove the weed instantly, it decreases the chemicals in our environment – good for you and good for the world in general.

Trees & Shrubs Trees and shrubs also benefit from a midseason feed. Fertilize in June or July with **GARDENWORKS 18-4-8 Tree, Shrub and Hedge Food**. Don't fertilize any later than early August, as new, soft growth may not have enough time to harden off before the cooler weather arrives. Shrubs that bloomed earlier in spring should be pruned now. Bridal wreath spirea can take a hard pruning, while rhododendrons should simply have the spent blossoms carefully pinched to allow new growth to emerge below the old blossom.

Roses This is the year the International Rose Congress is having their symposium right here in Vancouver, so check out the various venues across the Lower Mainland. Several international breeders will be here, including Sam McGredy, the renowned Irish rosarian who settled in New Zealand.

Don't forget about your roses after they finish their first flush of blooms; there may still be potential for more flowers if they are cared for properly. After the first flush, feed with **GARDENWORKS 6-12-16 Rose Food** to encourage a strong second flowering. (Stop feeding roses by August to discourage any new growth from appearing as the cooler weather approaches.) Check regularly for black spot and powdery mildew and pick off affected leaves. Try to water only the ground around the roses and not the leaves; this will help control the spread of spores that carry black spot and powdery mildew.

For more information on rose care, or any other gardening matter, drop by one of our stores or visit us online at **www.gardenworks.ca**. Most of all, have fun in the garden and remember to stop and smell the flowers!

Happy gardening!



The Garden Ages...

By Audrie Vander Werf, CLD., **GARDENWORKS** Landscape Division Manager

**Show me your garden,
and I shall tell you
what you are.
– Alfred Austin**

Every gardening enthusiast dreams of creating an ideal garden, a perfect oasis to

enjoy and nurture, and in which family and friends may play or relax. You may yearn for the tranquility of a sheltering retreat, with whispering grasses and trickling streams, or demand boldness in colour and texture and form, a neighbourhood showstopper! Whatever your dream, how you create it says as much about you as your final creation.

At **GARDENWORKS** Mandeville we have two budgies, Clyde and BB, in a cage just beyond my office. I've noticed that guests of different age groups respond to these beautiful songbirds in different ways, and that these can be generalized to parallel what I term the "garden age" of the visitors. Just as the toddlers giggle in unabashed delight when they're introduced to our avian pair, some guests gleefully marvel at the rainbow of glorious plants that every new season brings; they want to try them all at once – one of these and one of those.... When older children approach the cage, they're a little more sassy, their play a tad more teasing, somewhat like shoppers of a certain "garden age" who seem to shop with

their fingers crossed, buying plants with a hope and a dare, and who may even place a whimsical ornament among their foliage that reads "Grow, dammit!" And what of the older visitors, the adults who titter with Clyde and BB, enticing them to whistle their favourite tune, determined that one day these feathered friends will finally do what they're told? Welcome to the "garden age" of the mature gardener who still sites shade plants in sunny areas and never gives up hope that one day these plants will grow! Do you relate to any of these ages?

If you do, let the landscape designers at **GARDENWORKS** take you beyond the foibles of these "garden ages." We will assist you in fulfilling your creative gardening dreams without the guessing or pressure. We can translate your desires into a modest mecca or your personal parkland.

And to make this even more possible, the government is offering a tax break on "permanent improvements to building and yard"! This means you can go ahead with your landscaping plans and get up to \$1,350.00 back next April. So, let's go play outside....

**See our services under the
Landscape Design window at
www.gardenworks.ca.**



GARDENWORKS Eight great garden centres serving you in B.C.

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HEAD OFFICE**
6250 Lougheed Highway
Burnaby V5B 2Z9
(604)299-0621

**NORTH VANCOUVER
EDGEMONT**
3147 Woodbine Drive
North Vancouver V7R 2S3
(604)980-6340

**NORTH VANCOUVER
CAPILANO**
705 West 3rd Street
North Vancouver V7M 3E3
(604)988-8082

MANDEVILLE
4746 Marine Drive
Burnaby V5J 3G6
(604)434-4111


MISSION
32270 Lougheed Highway
Mission V2V 1A4
(604)826-9112

SAANICH
4290 Blenkinsop Road
Victoria V8X 2C4
(250)721-2140

OAK BAY
1916 Oak Bay Avenue
Victoria V8R 1C7
(250)595-4200

COLWOOD
1859 Island Highway
Colwood V8B 1J3
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